



King George Chapter
 September 2023
www.kgwinesociety.com

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Meg Ulfers led 23 members and 4 guests at the Sep 8 KGWS monthly tasting exploring “Foods that Change Taste”. Meg’s idea was to demonstrate how certain taste components interfere with wine tastes. Her emphasis was on the taste components of wine and how the 5 we taste (sweet, sour, salty, bitter and umami) in foods can interfere with how we perceive the sweet, sour or bitter tastes in specific wine. Meg first addressed flavor- stating that it is the combination of taste, odor, and physical/chemical sensations and asked how do the taste buds react. Your taste buds are impacted by genetics, tongue anatomy and habituation. There are over 2-3K buds at work and as one ages, they are greatly reduced. Meg addressed physical sensations and highlighted odors which are registered in nasal passages that can be affected by temperature. Foods that can throw off wine include vinaigrette- which might be why salad pairings are seldom offered. She reinforced that asparagus is “weird”, that bitter foods and bitter wines do not cancel out each other and artichokes are big disruptors.

To experience this, 2 whites and 2 reds were poured simultaneously. All foods were tried with all wines. At evenings end, Prosecco was poured to see the results of tasting with artichoke. Folks were surprised at how the foods and wines counteracted. The selection of wines was not meant to be high end given the type of comparison being conducted, therefore our rating was based on how much a change surprised the attendees.



#	Wine	Surprised at Change	Favorite Overall	Cost \$
1	Mueller Piesporter Michelsburg Spatlese, 2021	7	6	16
2	Olema Chardonnay Sonoma County, 2021	6	4	15
3	Hall Ranch Cabernet Sav Paso Reserve, 2020	1	7	25
4	Aspaldi Rioja Reserva, 2016	1	10	22
5	La Vostra Prosecco	na	na	12

Terri recognized her guests, Phil, her dad, step-Mom Nancy and Step-Sister Debbie as well as Joanne Murphy, Denise’s guest.



We also were pleased to see Ken



back in town.

In keeping with the fun of the evening, look at how some members promote their fondness of wine through their clothing expressions.



Don’t forget to plan to attend the Oct 13th meeting on Burgundy.